Allergens present in dishes

(✓ is shown if allergen is present in dish, • is shown if dish may contain corresponding allergen.)
Name of allergen present under cereal containing gluten** and nuts*, is **BOLD** and capitalised if containing and, in *italics* if dish may contain.
V = Suitable for Vegetarians, VG = Suitable for Vegans

Dishes	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Curry Goat	✓	✓ **WHEAT**					•		✓				•	✓
Rice & Peas (VG)	✓													
Salad (VG)														
Coleslaw (V)				✓					✓					
Plain Rice (VG)														
Jerk Chicken	✓	✓	•	•	•		•	•	✓				•	✓
Fried Chicken	✓	✓ **WHEAT**	•	•	•		•	•	✓				•	✓
Fried Fish	✓	• *Wheat*	•		✓		•	•	✓				•	•
Escovitch Garnish	✓													
Oxtail & Butter Beans	✓	✓ **WHEAT**	•		•		•	•	✓				•	✓

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Reviewed By: Tommoii Thorpe

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Minted Lamb	✓	• *Wheat*	•		•		•	•	✓				•	•
Brown Stew Chicken	✓	✓ **WHEAT**	•	•	•		•	•	✓				•	✓
Brown Stew Beef	✓	✓ **WHEAT**	•		•		•	•	✓				•	✓
Dumpling (V)		✓ **WHEAT**					✓							
Dumpling (VG)		✓ **WHEAT**												
Festival (V)	•	✓ **WHEAT**	•		•		✓	•	•				•	•
Festival (VG)	•	✓ **WHEAT**	•		•		•	•	•				•	•
Curry Chicken	✓	✓ **WHEAT**	•		•		•	•	✓				•	•
Jerk Pork Ribs	✓	✓	•		•		•	•	✓				•	✓
Hot Jerk Sauce (V)	✓													
Mild Jerk Sauce (V)	✓													
Mild Jerk Sauce (VG)													✓	

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Manish Water (w Goat)	✓	✓ **WHEAT**	•	•	•		✓	•	✓				•	•
Red pea soup	✓	✓ **WHEAT**	•	•	•		✓	•	✓				•	•
Vegetable Soup	✓	✓		•			•		•				•	
Curry Chickpea (VG)	✓	• *Wheat*	•	•	•		•	•	✓				•	•
Rum Cake		✓ **WHEAT**		✓			✓		•	•			•	•
Macaroni Pie		✓ **WHEAT**					✓		✓				•	✓
Fried Plantain														
DRINKS														
7up Zero Sugar														
Bigga Ginger Beer														
Bigga Grape														
Bigga Jamaican Kola														

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Bigga Cream Soda														
Bigga Pineapple														
Fanta														
Pepsi Max														

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